

The Dreamtime Fellrunner: trailer transcript

The video opens with a black screen with the Theatre By The Lake logo and the following text:

The Dreamtime Fellrunner

[Audio: performer Julie Carter breathes and whispers as she runs]

The following text appears underneath the title:

A mindful theatre production in association with Theatre by the Lake

Julie: "I am a fellrunner. I am a fellrunner. I am a fellrunner. I am a fellrunner."

[Audio: folk music plays lightly in the background and does so for the remainder of the video]

The video shows various clips of Julie running across fells, hills, past and through rivers and streams from dawn till dusk as well as picturesque views of the fells of the Lake District.

[Audio: Julie, breathing heavily whilst running, begins to recite an excerpt from the poem, I Am A Fellrunner by Julie Carter and Jessie Leong]

Julie: "I am a fellrunner. And all I want to do is run and run into the night and into the day and feel the wind on my chest and the rain on my face and feel the constant movement of me through air and air through me. To breath and ask for more breath with a gluttonous appetite. I will eat up the ground and drink in the air as wind blows through my sedge-like hair. My bones are stones. My blood is rain made puddle mud. My mind streams noisy rushing undammable. Clear crystal streams running, running, running. All I want to do is run. All I want to do is run."

Julie: "Dale Head. High Spy, Maiden Moor. Catbells ring out my song and claim me back. I am a fellrunner. Running, running, running my way back in. All the creatures of dreamtime, go back in at the place that sang them into being. I am being. I am running, I am running. I am a fellrunner and all I want to do is run."

Julie: "The Dreamtime Fellrunner will run back into the fell."

Cuts to black screen with the following text appears:

Julie Carter. Challenged throughout her life by a disease on the spine, Julie finds inspiration, strength and comfort in the fells which are her home.

The text then disappears and is replaced with the following text:

“Mesmerising, spellbinding”

“Brilliant! Inspiring, tender, funny and exciting”

“I was honestly blown away and moved to tears. A wonderful performance.”

“Moving, funny, intense, unique blend of poetry, comedy and monologue.”

The text then disappears and is replaced with the following text:

Touring from 2026

Gala Theatre, Durham: 10th Feb

Milton Rooms, Malton: 12th Feb

Penruddock Village Hall: 11th April

Grizebeck Village Hall: 12th April

Millom Village Hall: 25th April

The Edge Theatre, Manchester: 20th April

Queens Hall Theatre: Hexham 20th May

For further tour booking, please contact julie@mindfell.co.uk – www.mindfell.co.uk

The text then disappears and is replaced with the following text:

Featuring an excerpt from ‘I Am A Fellrunner’ by Julie Carter and Jessie Leong.

END